

THIS BOOK
BELONGS TO

&

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ANSWER KEY

RESOURCES

FIRST...



AN

INTRODUCTION



OUR FAVORITE ACTIVITIES AS A COUPLE
INCLUDE PLAYING GAMES, INVENTING RULES
FOR THEM, PLANNING UNIQUE DATES, AND
GOING ON ADVENTURES.

OUR LITTLE TRADITION IS TO SEND EACH
OTHER COUPONS FOR MASSAGES, HOME-
COOKED MEALS, AND LITTLE SURPRISES TO
KEEP THE WEEKS *exciting*.

ALL THESE SHARED MOMENTS HELP US
connect AND *laugh* TOGETHER, AND
WE THOUGHT IT WOULD BE AWESOME TO
SHARE SOME OF OUR TRADITIONS WITH YOU.

WE HOPE YOU ENJOY!

Fiona & Patrick

NOW...



RULES
OF USE

1. SCRATCH, RIP AND TEAR ANY PAGE OF THIS BOOK: IT'S *yours!*
2. USE THIS BOOK *whenever* YOU FEEL LIKE IT, DON'T "SAVE" IT. ADVENTURE SHOULD HAPPEN EVERY DAY.
3. THIS BOOK IS DESIGNED TO PICK UP AND USE, WITH READY-TO-PLAY ACTIVITIES. HOWEVER, YOU CAN MAKE THE ACTIVITIES AS *elaborate* AS YOU CHOOSE!
4. IN ALL HONESTY, THERE ARE NO RULES. USE THIS BOOK IN ANY ORDER AND WAY YOU CAN IMAGINE, MAKE THE ACTIVITIES *your own*, AND CREATE YOUR OWN AWESOME TRADITIONS.

GO WILD!!!

CHAPTER

1

Getting
to know
you



ISN'T IT AMAZING HOW YOU WERE AT
SOME POINT COMPLETE STRANGERS, AND
YOU NOW KNOW EACH OTHER AS WELL AS
(AND SOMETIMES BETTER THAN) YOU KNOW
yourselves?

THIS CHAPTER IS ABOUT *discovery*:
PLAYFULLY FIND OUT HOW MUCH YOU DO
IN FACT KNOW, AND FILL IN THE BLANKS OF
DETAILS *not yet revealed!*

NO MATTER IF YOU HAVE BEEN DATING FOR
weeks, months, years or decades,
THERE IS ALWAYS SOMETHING NEW TO
DISCOVER.

GUESS WHO?

It's your classic Guess Who game, but with a *twist!* You have to fill in the ID cards with your family members, friends, and other important people in your lives. Teach your partner more about them in a fun way!



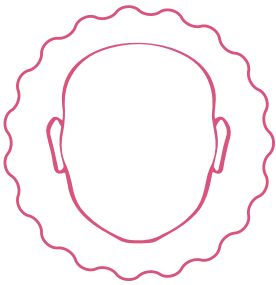
TIP: YOU CAN GO ON OUR WEBSITE,
WWW.LOVEPONS.COM/BOOK/GUESS-WHO-TEMPLATE.
THERE, YOU ONLY NEED TO FILL IN THE INFORMATION AND
PRESTO, A PRINT-OUT TEMPLATE WITH A COMPLETE GUESS WHO
BOARD IS CREATED FOR YOU.

1. THE FOLLOWING TWO PAGES HAVE ID CARDS. RIP OUT A PAGE EACH, AND FILL THEM IN!

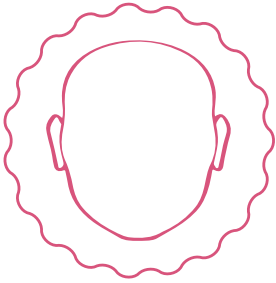
Have fun *doodling* their face, thinking of *fun facts* (for example, "they have been married three times"), *pet peeves* to watch out for (for example, "they hate it if people wear a hat inside"), *hobbies* they have (your partner can buy them a thoughtful gift on their birthday and win them over!) and *anything* else you can think of that might come in handy.

2. TURN THE ID CARDS FACE DOWN AND PLAY!

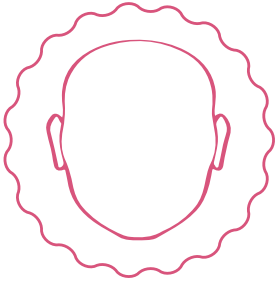
To play, pick a card each. The cards should be all mixed up (you could be getting your own relative). You need to **GUESS WHO** your partner got by taking turns asking yes or no questions! You can only ask one question per turn.



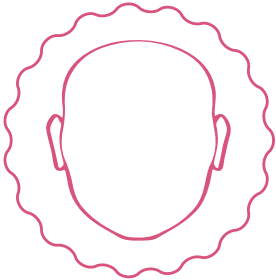
Name: _____
Relation: _____ Birthday: __/__/__
Fun Facts: _____
Pet peeves: _____
Hobbies: _____
More: _____



Name: _____
Relation: _____ Birthday: __/__/__
Fun Facts: _____
Pet peeves: _____
Hobbies: _____
More: _____



Name: _____
Relation: _____ Birthday: __/__/__
Fun Facts: _____
Pet peeves: _____
Hobbies: _____
More: _____



Name: _____
Relation: _____ Birthday: __/__/__
Fun Facts: _____
Pet peeves: _____
Hobbies: _____
More: _____



GUESS WHO?

ID CARD

GUESS WHO?

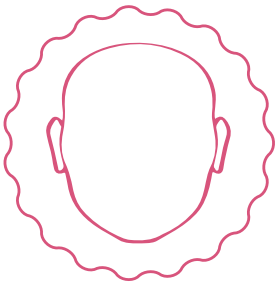
ID CARD

GUESS WHO?

ID CARD

GUESS WHO?

ID CARD



Name: _____

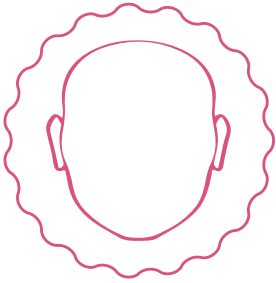
Relation: _____ Birthday: __/__/__

Fun Facts: _____

Pet peeves: _____

Hobbies: _____

More: _____



Name: _____

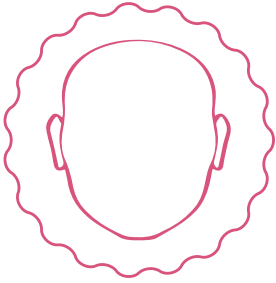
Relation: _____ Birthday: __/__/__

Fun Facts: _____

Pet peeves: _____

Hobbies: _____

More: _____



Name: _____

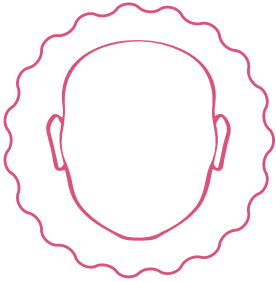
Relation: _____ Birthday: __/__/__

Fun Facts: _____

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Hobbies: _____

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Name: _____

Relation: _____ Birthday: __/__/__

Fun Facts: _____

Pet peeves: _____

Hobbies: _____

More: _____



GUESS WHO?

ID CARD

GUESS WHO?

ID CARD

GUESS WHO?

ID CARD

GUESS WHO?

ID CARD

BRAINS!!

In the next two spreads, you'll see two *delicious* brains to be filled in.



Complete each other's delicious brain! What's going on in there? Look at what you wrote about each other. Any surprises?

A MAP TO YOUR PARTNER'S BRAIN

Frontal Lobe:

- Problem

Solving

- Speech

production

Write what

type of

problems your

partner is

good at solving,

and what topics they

love to talk about!

Temporal Lobe:

- Auditory processing

- Memory and

information retrieval

What is their fave

sound to listen to?

Their top memories of

you two?

Brain Stem:

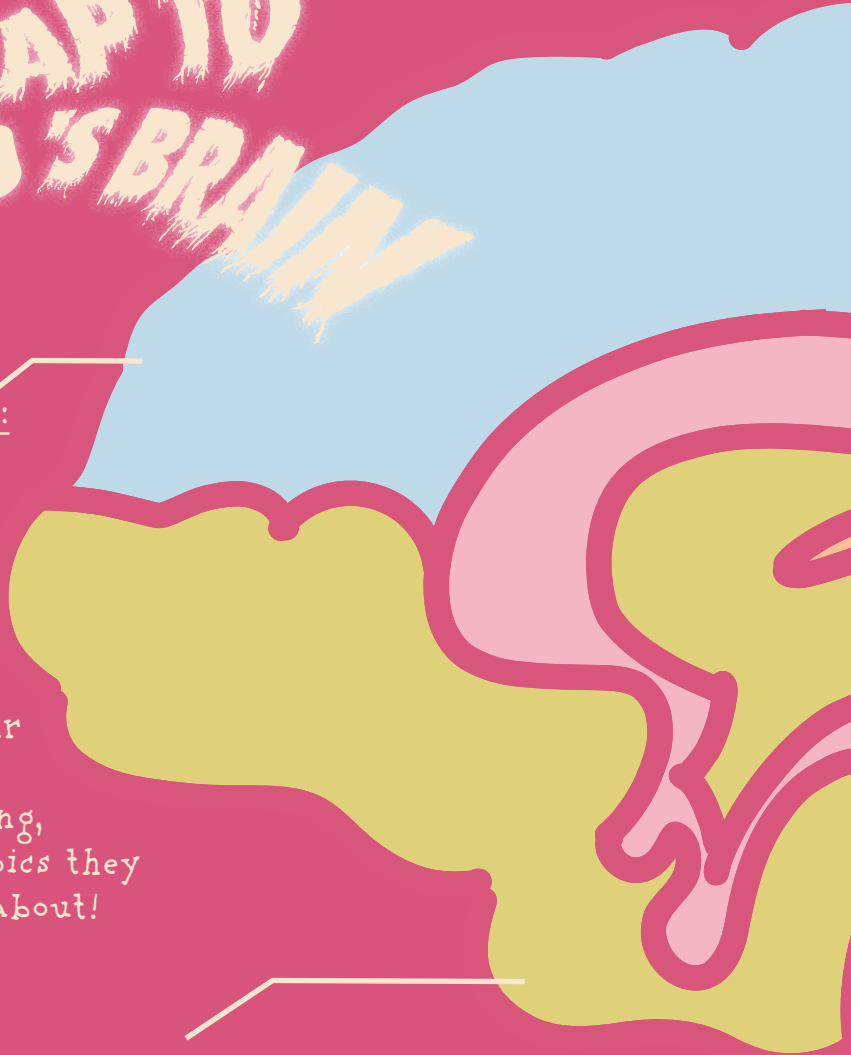
- Involuntary

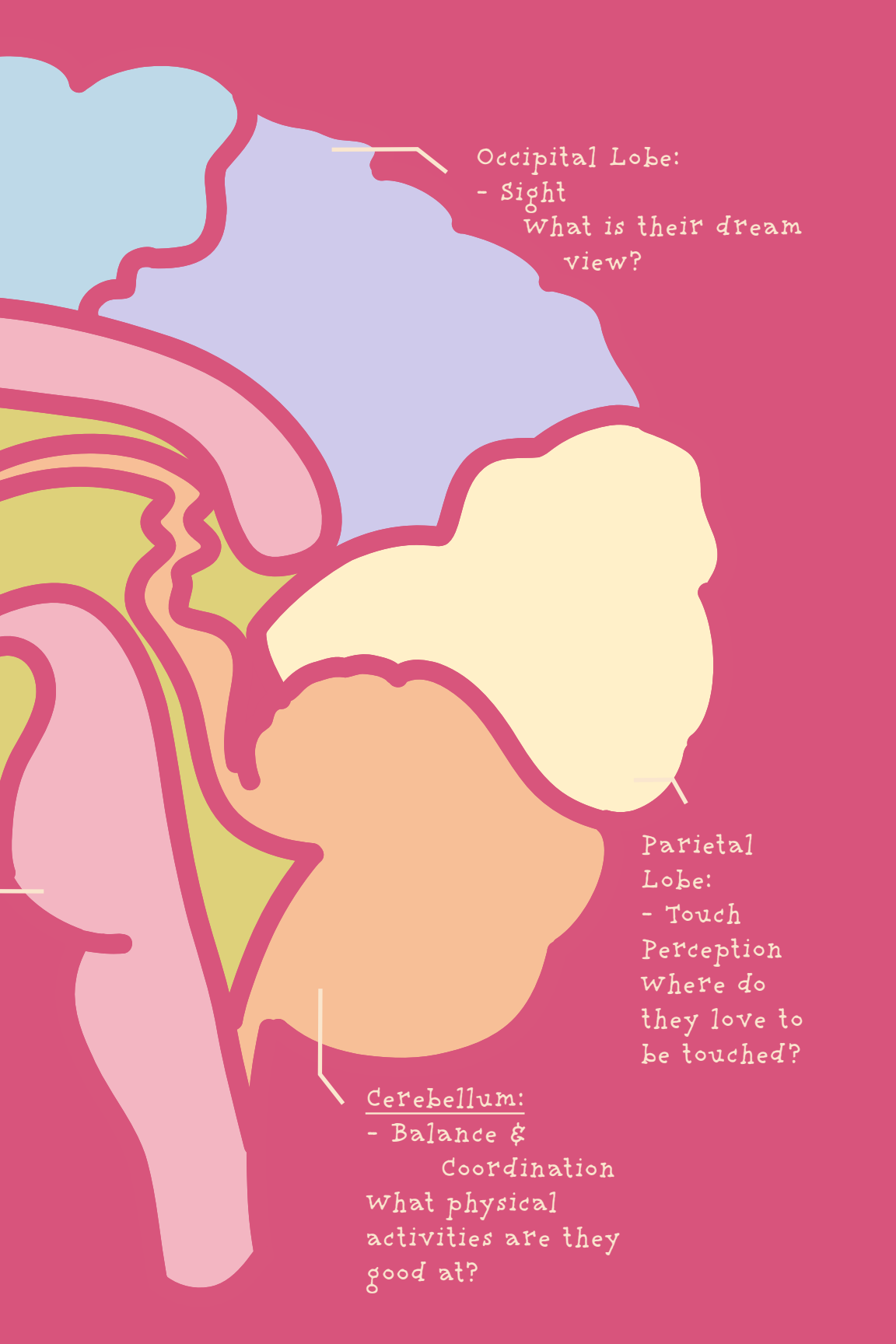
Responses

What impulses do

they find hard to

control?





Occipital Lobe:

- Sight

What is their dream
view?

Parietal
Lobe:

- Touch

Perception

Where do
they love to
be touched?

Cerebellum:

- Balance &

Coordination

What physical
activities are they
good at?

A MAP TO IS BRAIN

Frontal Lobe:

- Problem Solving
- Speech production

Write what type of problems your partner is good at solving, and what topics they love to talk about!

Temporal Lobe:

- Auditory processing
- Memory and information retrieval

What is their fave sound to listen to?
Their top memories?

Brain Stem:

- Involuntary Responses

What impulses do they find hard to control?



Occipital Lobe:

- Sight

What is their dream view?

Parietal Lobe:

- Touch
Perception

Where do they love to be touched?

Cerebellum:

- Balance &

Coordination

What physical activities are they good at?

You...

or me?

Without turning the page, cut out and decide which attribute matches more with who...

...look at the other side to find out the task you have to do!

The dancer

The foodie

The workaholic

The singer

The nerd

Party Person

The tidy one

The funny one

Best dressed

The sporty one

The dramatic

The charmer

The romantic

The artist

Cook a meal

Teach me steps

Sing for me

Take a day off
with me

Plan night out

Teach me
something

Do a stand-up

Make the bed

Coach me

Choose my fit

Write me a
pick-up line

Forgive me

Draw for
me

Plan a date

CHAPTER

5



Looking
into the
future

LOVING SOMEONE AND COMMITTING
TO THEM MEANS IMAGINING A
future TOGETHER, PROJECTING
dreams WITH THEM & PLANNING
COMMON *goals*. THIS SOMETIMES
MEANS **COMPROMISING &**
ADAPTING. ARE YOU READY FOR THE
CHALLENGE?

THIS CHAPTER IS TO *imagine &*
fantasize ABOUT YOUR FUTURE TOGETHER,
THROUGH GAMES AND ACTIVITIES THAT
BRING OUT THESE TOPICS NATURALLY AND
WITHOUT ALL THE **PRESSURE** THAT
THESE CONVERSATIONS CAN SOMETIMES
HAVE.

WHETHER YOU ARE PLANNING TO HAVE
A *child*, BUY A *home*, ADOPT A *cat*,
MOVE IN *together* OR SIMPLY *book*
dinner reservations FOR NEXT
WEEK, DEVELOPING TOOLS TO PROJECT INTO
THE FUTURE TOGETHER WILL ALWAYS BE
IMPORTANT IN YOUR RELATIONSHIP. **GO**
FORTH!

THE TIME CAPSULE

This is a SECRET TIME CAPSULE. Without your partner seeing, write down something you want to DO with them, something you want to SAY to them, something you want to WORK ON to improve your relationship, something you want FEEL and want to KEEP FEELING for them, or anything you can think of. Set a date for opening the envelope and REVEALING WHAT'S INSIDE.

DATE TO OPEN:

-- / -- / --

FOLD HERE

FOLD HERE

THIS LETTER IS FROM



DATE TO OPEN:

-- / -- / --

FOLD HERE

FOLD HERE

THIS LETTER IS FROM



A COMMITMENT

I challenge you to a 28 days of activities together, acts of love, words of affirmation, and more. Feel free to tweak the activities as you please!

MON	TUES	WED	THUR
Game night: play video games or board games.	Send flirty texts to each other during the day	Give each other 15 minutes of pleasure	Have a romantic lunch rendezvous.
Say what you are grateful for about each other.	Insane make-out sesh: kiss for 5 whole minutes.	Pick out something at the store for each other.	Leave each other a love note somewhere!
Make breakfast together & eat in bed!	Listen without the intent to fix.	Go to the movies, a concert or a stand up.	Play a sport together! (Tennis, bike, paddle, etc)
Make a date bucket list.	Stare competition: first one to laugh loses.	Sommelier: do a wine (or other drink) testing.	Night in: get in your pajamas, and snuggle up!

CALENDAR

Write how it felt, what you did, doodle or put stickers that express how your day went. Use is as a day-by-day calendar, or mark off the challenges in the order you choose.

FRI	SAT	SUN
Dress up for a fancy date night.	Have hot, steamy shower sex.	Go on a long, romantic walk.
Watch a rom-com together and snuggle up.	Go to a sex shop together. Pick out a toy to try out!	Pick a Kama Sutra position to try tonight.
Play never have I ever.	Staycation: pretend you are a tourist for the day.	Do a DIY project together.
Go dancing!	Home (or picnic) brunch date!	No technology day together.

COMPLETE YOUR FAMILY TREE

Wait! Don't run off if you feel like this is way too *intense*. Your family tree together is who you imagine surrounding you in the future.

This includes children, grandchildren, pets, friends, relatives and maybe even **STRANGERS** you meet in the places you travel to. Perhaps you are happy with how things are now.

Fill in the family tree with yourselves at the root, and the people you'd like around you in the frames, with drawings or printed pictures. Feel free to add more frames and bend the tree to your will. This is your nest!

